

Marna Schwartz

Certified Yoga Teacher & Nutrition Coach

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EXPERIENCE

Corporate Yoga & Wellness Instructor, *Anchorfree*, Mountain View, CA 8/13-present
(additional organizations not listed due to non-disclosure agreements)

Share useful & relevant yoga and nutrition tools for stress management & increasing well being.

Yoga Teacher, *Vara Healing Arts*, Albany, CA 3/13-present

Aha Yoga, San Francisco, CA 10/11-1/13

OneTaste, San Francisco, CA 8/07-6/08

Workshop Creator & Facilitator, San Francisco, CA 1/08-present

Generate continuing education content including yoga, stress management, transformational dating & self-confidence curricula; promote events, delegate tasks, & facilitate classes.

Membership Representative, *Urban Diversion*, San Francisco, CA 5/13-present

Work with an adventure and activities social club to review applications, interview prospective members, help them choose which program best meets their needs, co-catalyze fun at events and provide support for members.

Women's Team Facilitator, *Authentic Man Program*, San Francisco, CA 1/10-present

Help facilitate person growth during a \$2k+ weekend retreat that men fly in from all around the world to attend in order to improve their dating and relationships with women.

Games Nights Facilitator, *Authentic World*, San Francisco, CA 1/10-present

Develop and deliver themes and games for people to get to know themselves and each other more authentically while having fun and building community.

Yoga, Nutrition & Wellness Consultant, New York, NY & San Francisco, CA 3/06-present

Teach corporate yoga, small classes & one-on-one personalized instruction for all levels.

Corporate Team-Building Facilitator, *Go Games*, San Francisco, CA 8/11-present

Scaventures, Boston, MA 10/03-3/04

Oriented participants, inspired participation, and cultivated group enthusiasm.

Clients included Progressive Auto Insurance, Lindt Chocolate, & MIT.

Managing Editor, *The Luna Press*, Boston, MA 10/03-3/04

Supervised aspects of small press publishing including customer service, marketing, & PR.

EDUCATION

Kripalu Center for Yoga and Health, Lenox, MA, March 2006

200-hour Kripalu Yoga Teacher Training

Institute for Integrative Nutrition, Columbia University Affiliate, May 2007

Certified Holistic Health Counselor (American Association Drugless Practitioners)

Binghamton University, State University of New York

Bachelor of Arts, *Cum Laude*, Cognitive Science & Comparative Literature, May 2001